








Physiotherapeutischer Mobilisationsplan nach Myokardinfarkt

Universitätsklinikum Ulm



Patientenaufkleber

| | | | | | | | | |
|--|---|--|---|--|---|--|---|----------|
| Infarkttag/Tag 0 | | | | | | | | |
| Therapeut | | | | | | | | |
| |  | |  | |   | |    | |
| | Betruhe / Sitz an BK | | bis 200 m Gehen | | Ergometer Laufband | | Ergometer Treppe Laufband | |
| Gruppe 1 Mobilisationstage | 1 | | 2 | | 3 | | 4 | 5 |
| Gruppe 2 Mobilisationstage d. Arzt | | | | | | | | |
| Datum | | | | | | | | |
| Ruhe | Puls | | Puls | | Puls | | Puls | |
| | RR | | RR | | RR | | RR | |
| Belastung | Puls | | Puls | | Puls | | Puls | |
| | RR | | RR | | RR | | RR | |
| Ende | Puls | | Puls | | Puls | | Puls | |
| | RR | | RR | | RR | | RR | |
| Belastungszeichen | | | | | | | | |