## Exercise is Medicine Europe (EIEIM) Warsaw, Poland

## Conference topic: Where Medicine meets Exercise and Health Promotion



**SAVE THE DATE** 

September 21st & 22nd 2018

at the Medical University of Warsaw





Attend the 7th annual Exercise is Medicine Europe (EIEIM) at the **Medical University of Warsaw**, one of the oldest medical schools in Poland. **The European 'Exercise is Medicine' (EIEIM)** campaign aims to integrate physical activity into the European healthcare system with the ultimate goal to encourage a healthy lifestyle among all Europeans. Exercise is Medicine® (EIM) is a global initiative! Launched by the American College of Sports Medicine in 2007, EIM now has a presence in several countries around the globe.

The Annual Meeting is for all exercise and health professionals. We are planning an exciting programme with acknowledged international experts. The meeting will be organized by the Universities of Ulm/Germany (Prof. Dr. Jürgen Steinacker) and Warsaw/ Poland (Dr. Anna Plucik-Mrozek).

**Further information and registration: www.exerciseismedicine.eu** EIEIM regional office, Ulm/Germany: Romy Lauer (romy.lauer@uni-ulm.de), Phone: +49-731-50045384 Lisa Kempter (lisa.kempter@uniklinik-ulm.de), Phone: +49-731-50045302 EIM Poland:

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7th European Exercise is Medicine Congress - September 21-22.2018 1st European Medical Fitness Convention - September 22. 2018

