

Evaluation of the Project "Mein Verein & Ich - Gemeinsam aktiv!" (My Club & Me – Active Together). Survey of Sports Club Members on the Subject of Sexual Abuse and Evaluation of a Qualification Module for Coaches, Parents and Adolescents of Aymyna e. V.

Acronym

EvaSport

Keywords

Qualification, Sports Club, Sexual Violence, Abuse, Evaluation, Team of Three

Project Management

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Cooperation Partners

- ▶ Institute for the prevention of child sexual abuse, Munich, Amyna e.V.

Project Term

09/2012-12/2014

Background & Aim of the Project

In order to prevent cases of sexual abuse, numerous measures have been implemented in sports clubs, most of which were established by the management. Particularly in large associations, such strategies of implementation often reached the limits of feasibility and it was difficult for club members to get access to important support. In order to also become active against sexual violence on the part of the members, Amyna e. V. initiated a project which focused on the qualification of teams of three, consisting of coach, parent and adolescent. Such a team was to be supported with the help of a training package in order to address the topic of "sexual abuse" in the club and be available as contact persons in cases of transgression. The aim of the project was to prove the effectiveness of this training measure with regard to development in the sports club and the participants' competences to act.

Description of the Project

Representatives from seven sports clubs took part in the qualification measures of Amyna e. V. and were asked to participate in a questionnaire survey as part of the training.

Twelve people completed a questionnaire immediately before and immediately after the training and another six months later. The results show that the participants' self-efficacy could be increased by including the team factors. Self-efficacy is considered to be an indirect measure of the effectiveness of preventive measures aiming at the behavioral level.

Publications and created materials

Klinik für Kinder- und Jugendpsychiatrie/Psychotherapie (Hrsg.) (2015). Abschlussbericht zur Begleitforschung des Projektes zur Prävention von sexuellem Missbrauch in Sportvereinen. Ulm.

Seidler, C., Ohlert, J., Rau, T., Fegert, J. M., & Allroggen, M. (2017). Veränderung der Selbstwirksamkeitserwartung durch Präventionsarbeit im Team. Ein Pilotprojekt. *Leistungssport*, 47 (2), 24-26 (www.leistungssport.net)

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