



PUBLICATIONS

Original Articles and Systematic Reviews

1. Trimble MR, **Rüsçh N**, Betts T, Crawford PM (2000). Psychiatric symptoms after therapy with new antiepileptic drugs: psychopathological and seizure related variables. *Seizure* 9: 249-254
2. **Rüsçh N**, Tebartz van Elst L, Ludaescher P, Wilke M, Huppertz HJ, Thiel T, Schmahl C, Bohus M, Lieb K, Hesslinger B, Hennig J, Ebert D (2003). A voxel-based morphometric MRI study in female patients with borderline personality disorder. *NeuroImage* 20: 385-392
3. Vauth R, Lösçhmann C, **Rüsçh N**, Corrigan PW (2004). Understanding adherence to neuroleptic treatment in schizophrenia. *Psychiatry Research* 126: 43-49
4. Vauth R, **Rüsçh N**, Wirtz M, Corrigan PW (2004). Does social cognition influence the relation between neurocognitive deficits and vocational functioning in schizophrenia? *Psychiatry Research* 128: 155-165
5. Philipsen A, Richter H, Schmahl C, Peters J, **Rüsçh N**, Bohus M, Lieb K (2004). Clonidine in acute aversive inner tension and self-injurious behavior in female patients with borderline personality disorder. *Journal of Clinical Psychiatry* 65: 1414-1419
6. **Rüsçh N**, Tebartz van Elst L, Baeumer D, Ebert D, Trimble MR (2004). Absence of cortical gray matter abnormalities in psychosis of epilepsy: A voxel-based MRI study in patients with temporal lobe epilepsy. *Journal of Neuropsychiatry & Clinical Neurosciences* 16: 148-155
7. Tebartz van Elst L, Valerius G, Büchert M, Thiel T, **Rüsçh N**, Bubl E, Hennig J, Ebert D, Olbrich HM (2005). Increased prefrontal and hippocampal glutamate concentration in schizophrenia: Evidence from a magnetic resonance spectroscopy study. *Biological Psychiatry* 58(9): 724-730.
8. **Rüsçh N**, Hölzer A, Hermann C, Schramm E, Jacob GA, Bohus M, Lieb K, Corrigan PW (2006). Self-stigma in women with borderline personality disorder and women with social phobia. *Journal of Nervous & Mental Disease* 194 (10): 766-773.
9. **Rüsçh N**, Lieb K, Bohus M, Corrigan PW (2006). Self-stigma, empowerment, and perceived legitimacy of discrimination among women with mental illness. *Psychiatric Services* 57, 399-402.
10. **Rüsçh N**, Lieb K, Göttler I, Hermann C, Schramm E, Richter H, Corrigan PW, Bohus M (2007). Shame and implicit self-concept in women with borderline personality disorder. *American Journal of Psychiatry* 164 (3): 500-508.
11. **Rüsçh N**, Corrigan PW, Bohus M, Jacob GA, Brueck R, Lieb K (2007). Measuring shame and guilt by self-report questionnaires: A validation study. *Psychiatry Research* 150: 313-327
12. **Rüsçh N**, Corrigan PW, Bohus M, Kühler T, Jacob GA, Lieb K (2007). The impact of posttraumatic stress disorder on dysfunctional implicit and explicit emotions among women with borderline personality disorder. *Journal of Nervous & Mental Disease* 195: 537-539.
13. **Rüsçh N**, Spoletini I, Wilke M, Bria P, Di Paola M, Di Iulio F, Martinotti G, Caltagirone C, Spalletta G (2007). Prefrontal-thalamic-cerebellar gray matter networks and executive functioning in schizophrenia. *Schizophrenia Research* 93, 79-89.
14. Orfei MD, Robinson RG, Prigatano GP, Starkstein S, **Rüsçh N**, Bria P, Caltagirone C, Spalletta G (2007). Anosognosia for hemiplegia after stroke is a multifaceted phenomenon: A systematic review of the literature. *Brain* 130:3075-3090.



Prof. Dr. med. Nicolas Rüsçh

15. **Rüsçh N**, Weber M, Il'yasov K, Lieb K, Ebert D, Hennig J, Tebartz van Elst L (2007). Inferior frontal white matter microstructure and patterns of psychopathology in women with borderline personality disorder and comorbid attention deficit hyperactivity disorder. *NeuroImage* 35: 738-747.
16. Tebartz van Elst L, Ebert D, Büchert M, Hennig J, Bohus M, Philipsen A, **Rüsçh N**, Lieb K (2007). Abnormalities in amygdala energy metabolism in patients with borderline personality disorder: Evidence from a magnetic resonance spectroscopy study. *Neuroscience Letters* 417: 36-41.
17. **Rüsçh N**, Luders E, Lieb K, Zahn R, Ebert D, Thompson PM, Toga AW, Tebartz van Elst L (2007). Corpus callosum abnormalities in women with borderline personality disorder and comorbid attention-deficit hyperactivity disorder. *Journal of Psychiatry & Neuroscience* 32: 417-422.
18. Jacob GA, Günzler C, Zimmermann S, Scheel CN, **Rüsçh N**, Leonhart R, Nerb J, Lieb K (2008). Time course of anger and other emotions in women with borderline personality disorder – a preliminary study. *Journal of Behavior Therapy & Experimental Psychiatry* 39, 391-402.
19. Olbrich HM, Valerius G, **Rüsçh N**, Büchert M, Thiel T, Hennig J, Ebert D, Tebartz van Elst L (2008). Frontolimbic glutamate alterations in first episode schizophrenia: Evidence from a magnetic resonance spectroscopy study. *World Journal of Biological Psychiatry* 9: 59-63.
20. **Rüsçh N**, Tebartz van Elst L, Valerius G, Büchert M, Thiel T, Ebert D, Hennig J, Olbrich HM (2008). Neurochemical and structural correlates of executive dysfunction in schizophrenia. *Schizophrenia Research* 99(1-3):155-63.
21. **Rüsçh N**, Schiel S, Corrigan PW, Leihener F, Jacob GA, Olschewski M, Lieb K, Bohus M (2008). Predictors of dropout from inpatient dialectical behavior therapy among women with borderline personality disorder. *Journal of Behavior Therapy & Experimental Psychiatry* 39: 497-503.
22. **Rüsçh N**, Spoletini I, Wilke M, Martinotti G, Bria P, Trequattrini A, Bonaviri G, Caltagirone C, Spalletta G (2008). Inferior frontal white matter volume and suicidality in schizophrenia. *Psychiatry Research Neuroimaging* 164: 206-214.
23. Spoletini I, Cherubini A, Di Paola M, Banfi G, **Rüsçh N**, Martinotti G, Bria P, Rubino IA, Siracusano A, Caltagirone C, Spalletta G (2009). Reduced fronto-temporal connectivity is associated with frontal gray matter density reduction and neuropsychological deficit in schizophrenia. *Schizophrenia Research* 108: 57-68.
24. **Rüsçh N**, Corrigan PW, Wassel A, Michaels P, Olschewski M, Wilkniss S, Batia K (2009). A stress-coping model of mental illness stigma: I. Predictors of cognitive stress appraisal. *Schizophrenia Research* 110: 59-64.
25. **Rüsçh N**, Corrigan PW, Powell K, Rajah A, Olschewski M, Wilkniss S, Batia K (2009). A stress-coping model of mental illness stigma: II. Emotional stress responses, coping behavior and outcome. *Schizophrenia Research* 110: 65-71.
26. **Rüsçh N**, Corrigan PW, Wassel A, Michaels P, Olschewski M, Wilkniss S, Batia K (2009). Ingroup perception and responses to stigma among persons with mental illness. *Acta Psychiatrica Scandinavica* 120: 320-328.
27. **Rüsçh N**, Todd AR, Bodenhausen GV, Weiden PJ, Corrigan PW (2009). Implicit versus explicit attitudes toward psychiatric medication: Implications for insight and treatment adherence. *Schizophrenia Research* 112:119-122.
28. Bracht T, Tüscher O, Schnell S, Kreher BW, **Rüsçh N**, Glauche V, Lieb K, Ebert D, Il'yasov K, Hennig J, Weiller C, Tebartz van Elst L, Saur D (2009) Extraction of prefronto-amygdalar pathways by combining probability maps. *Psychiatry Research Neuroimaging* 174:217-222.



Prof. Dr. med. Nicolas Rüsçh

29. **Rüsçh N**, Corrigan PW, Wassel A, Michaels P, Larson JE, Olschewski M, Wilkniss S, Batia K (2009). Self-stigma, group identification, perceived legitimacy of discrimination and mental health service use. *British Journal of Psychiatry* 195:551-552.
30. Jacob GA, Hellstern K, Ower N, Pillmann M, Scheel CN, **Rüsçh N**, Lieb K (2009). Emotional reactions to standardized stimuli in women with borderline personality disorder: Stronger negative affect, but no differences in reactivity. *Journal of Nervous and Mental Disease* 197(11):808-815.
31. **Rüsçh N**, Boeker M, Büchert M, Glauche V, Bohrman C, Ebert D, Lieb K, Hennig J, Tebartz van Elst L (2010). Neurochemical alterations in women with borderline personality disorder and comorbid attention-deficit hyperactivity disorder. *World Journal of Biological Psychiatry* 11:372-381.
32. **Rüsçh N**, Corrigan PW, Todd AR, Bodenhausen GV (2010). Implicit self-stigma in people with mental illness. *Journal of Nervous and Mental Disease* 198(2):150-153.
33. **Rüsçh N**, Bracht T, Kreher BW, Schnell S, Glauche V, Il'yasov KA, Ebert D, Lieb K, Hennig J, Saur D, Tebartz van Elst L (2010). Reduced interhemispheric structural connectivity between anterior cingulate cortices in borderline personality disorder. *Psychiatry Research Neuroimaging* 181:151-154.
34. **Rüsçh N**, Todd AR, Bodenhausen GV, Corrigan PW (2010). Biogenetic models of psychopathology, implicit guilt and mental illness stigma. *Psychiatry Research* 179:328-332.
35. **Rüsçh N**, Todd AR, Bodenhausen GV, Olschewski M, Corrigan PW (2010). Automatically activated shame reactions and perceived legitimacy of discrimination: A longitudinal study among people with mental illness. *Journal of Behavior Therapy and Experimental Psychiatry* 41:60-63.
36. Corrigan PW, Morris S, Larson JE, Rafacz J, Wassel A, Michaels P, Wilkniss S, Batia K, **Rüsçh N** (2010). Self-stigma and coming out about one's mental illness. *Journal of Community Psychology* 38(3):1-17.
37. Corrigan PW, Rafacz J, Hautamaki J, Walton J, **Rüsçh N**, Rao D, Doyle P, O'Brien S, Pryor J, Reeder G (2010). Changing stigmatizing perceptions and recollections about mental illness: The effects of NAMI's in Our Own Voice. *Community Mental Health Journal* 46(5):517-522.
38. **Rüsçh N**, Todd AR, Bodenhausen GV, Corrigan PW (2010). Do people with mental illness deserve what they get? Links between meritocratic worldviews and implicit versus explicit stigma. *European Archives of Psychiatry and Clinical Neuroscience* 260:617-625.
39. **Rüsçh N**, Corrigan PW, Todd AR, Bodenhausen GV (2011). Automatic stereotyping against people with mental illness. *Psychiatry Research* 186:34-39.
40. Ahrendts JC, **Rüsçh N**, Wilke M, Philipsen A, Eickhoff SB, Glauche V, Perlov E, Ebert D, Hennig J, Tebartz van Elst L (2011). Visual cortex abnormalities in adults with ADHD: A structural MRI study. *World Journal of Biological Psychiatry* 12(4):260-270.
41. **Rüsçh N**, Evans-Lacko S, Henderson C, Flach C, Thornicroft G (2011). Knowledge and attitudes as predictors of intentions to seek help and disclose a mental illness. *Psychiatric Services* 62(6):675-678.
42. **Rüsçh N**, Schulz D, Valerius G, Steil R, Bohus M, Schmahl C (2011). Disgust and implicit self-concept in women with posttraumatic stress disorder and borderline personality disorder. *European Archives of Psychiatry and Clinical Neuroscience* 261(5):369-376.
43. Corrigan PW, Rafacz J, **Rüsçh N** (2011). Examining a progressive model of self-stigma and its impact on people with serious mental illness. *Psychiatry Research* 189(3):339-343.



Prof. Dr. med. Nicolas Rüsçh

44. Matthies S, **Rüsçh N**, Weber M, Lieb K, Philipsen A, Tuescher O, Ebert D, Hennig J, Tebartz van Elst L (2012). Small amygdala – high aggression? The role of the amygdala in modulating aggression in healthy subjects. *World Journal of Biological Psychiatry* 13(1):75-81.
45. Cavelti M, Kvrçic S, Beck EM, **Rüsçh N**, Vauth R (2012). Self-stigma and its relationship with insight, demoralization, and clinical outcome among people with schizophrenia spectrum disorders. *Comprehensive Psychiatry* 53(5):468-479.
46. Corrigan PW, Powell KJ, **Rüsçh N** (2012). How does stigma affect work in people with serious mental illnesses? *Psychiatric Rehabilitation Journal* 35(5):381-384.
47. **Rüsçh N***, Evans-Lacko S*, Thornicroft G (2012). What is a mental illness? Public views and their effects on attitudes and disclosure. *Australian & New Zealand Journal of Psychiatry* 46(7):641-650. [*contributed equally]
48. Corrigan PW, Michaels PJ, Vega E, Gause M, Watson AC, **Rüsçh N** (2012). Self-stigma of Mental Illness Scale – short form: Reliability and validity. *Psychiatry Research* 199:65-69.
49. Corrigan PW, Morris S, Michaels P, Rafacz J, **Rüsçh N** (2012). Challenging the public stigma of mental illness: A meta-analysis of outcome studies. *Psychiatric Services* 63(10):963-973.
50. Evans-Lacko S, London J, Japhet S, **Rüsçh N**, Corker E, Flach C, Henderson C, Thornicroft G (2012). Mass social contact interventions and their effect on mental health related discrimination. *BMC Public Health* 12:489.
51. Mutschler J, **Rüsçh N**, Schönfelder H, Herwig U, Brühl AB, Grosshans M, Rössler W, Russmann H (2012). Agomelatine for depression in schizophrenia: A case-series. *Psychopharmacology Bulletin* 45(1):35-43.
52. Corrigan PW, Sokol KA, **Rüsçh N** (2013). The impact of self-stigma and mutual-help programs on the quality of life of people with serious mental illnesses. *Community Mental Health Journal* 49(1):1-6.
53. Kvrçic S, Cavelti M, Beck EM, **Rüsçh N**, Vauth R (2013). Therapeutic alliance in schizophrenia: The role of recovery orientation, self-stigma, and insight. *Psychiatry Research* 209(1):15-20.
54. Evans-Lacko S, Malcolm E, West K, Rose D, London J, **Rüsçh N**, Little K, Henderson C, Thornicroft G (2013). Influence of Time to Change’s social marketing interventions on stigma in England 2009-11. *British Journal of Psychiatry* 55:s77-s88.
55. **Rüsçh N**, Heekeren K, Theodoridou A, Dvorsky D, Müller M, Paust T, Corrigan PW, Walitza S, Rössler W (2013). Attitudes towards help-seeking and stigma among young people at risk for psychosis. *Psychiatry Research* 210:1313-1315.
56. Clement S, Lassman F, Barley E, Evans-Lacko SE, Williams P, Pagdin R, Slade M, Yamaguchi S, **Rüsçh N**, Thornicroft G (2013). Mass media interventions for reducing mental health-related stigma. *Cochrane Database of Systematic Reviews* Issue 7, Art. No.: CD009453.
57. **Rüsçh N**, Müller M, Ajdacic-Gross V, Rodgers S, Corrigan PW, Rössler W (2014). Shame, perceived knowledge and satisfaction with mental health as predictors of attitude patterns towards help-seeking. *Epidemiology and Psychiatric Sciences* 23(2):177-187.
58. **Rüsçh N**, Müller M, Lay B, Corrigan PW, Zahn R, Schönenberger T, Bleiker M, Lengler S, Blank C, Rössler W (2014). Emotional reactions to involuntary psychiatric hospitalization and stigma as a stressor among people with mental illness. *European Archives of Psychiatry and Clinical Neuroscience* 264:35-43.
59. **Rüsçh N**, Corrigan PW, Heekeren K, Theodoridou A, Dvorsky D, Metzler S, Müller M, Walitza S, Rössler W (2014). Well-being among persons at risk of psychosis: The role of self-labeling, shame, and stigma stress. *Psychiatric Services* 65(4):483-489.



Prof. Dr. med. Nicolas Rüsçh

60. Ritter K, Vater A, **Rüsçh N**, Schröder-Abé M, Schütz A, Fydrich T, Lammers CH, Roepke S (2014). Shame in patients with narcissistic personality disorder. *Psychiatry Research* 215(2):429-437.
61. Cavelti M, **Rüsçh N**, Vauth R (2014). Is living with psychosis demoralizing? Insight, self-stigma and clinical outcome among people with schizophrenia across one year. *Journal of Nervous and Mental Disease* 202(7):521-529.
62. **Rüsçh N**, Abbruzzese E, Hagedorn E, Hartenhauer D, Kaufmann I, Curschellas J, Ventling S, Zuaboni G, Bridler R, Olschewski M, Kawohl W, Rössler W, Kleim B, Corrigan PW (2014). The efficacy of Coming Out Proud to reduce stigma's impact among people with mental illness: pilot randomised controlled trial. *British Journal of Psychiatry* 204:391-397.
63. Evans-Lacko S, Courtin D, Fiorillo A, Knapp A, Luciano M, Park AL, Brunn M, Byford S, Chevreur K, Forsman A, Gulacsi L, Haro JM, Kennelly B, Knappe S, Lai T, Lasalvia A, Miret M, O'Sullivan C, Obradors-Tarragó C, **Rüsçh N**, Sartorius N, Švab V, van Weeghel J, van Audenhove C, Wahlbeck K, Zlati A, also on behalf of the ROAMER Consortium, McDaid D*, Thornicroft G (2014). The state of the art in European research on reducing social exclusion and stigma related to mental health: a systematic mapping of the literature. *European Psychiatry* 29(6):381-389.
64. **Rüsçh N**, Bado P, Zahn R, Bramati IE, de Oliveira-Souza R, Moll J (2014). You and your kin: Neural signatures of family-based group perception in the subgenual cortex. *Social Neuroscience* 9(4):326-331.
65. **Rüsçh N**, Brohan E, Gabbidon J, Thornicroft G, Clement S (2014). Stigma and disclosing one's mental illness to family and friends. *Social Psychiatry and Psychiatric Epidemiology* 49:1157-1160.
66. **Rüsçh N**, Müller M, Heekeren K, Theodoridou A, Metzler S, Dvorsky D, Corrigan PW, Walitza S, Rössler W (2014). Longitudinal course of self-labeling, stigma stress and well-being among young people at risk of psychosis. *Schizophrenia Research* 158(1-3):82-84.
67. **Rüsçh N**, Nordt C, Kawohl W, Brantschen E, Bärtsch B, Müller M, Corrigan PW, Rössler W (2014). Work-related discrimination and change in self-stigma among people with mental illness during supported employment. *Psychiatric Services* 65:1496-1498.
68. Clement S, Schauman O, Graham T, Maggioni F, Evans-Lacko S, Bezborodovs N, Morgan C, **Rüsçh N**, Brown JSL, Thornicroft G (2015). What is the impact of mental health-related stigma on help-seeking? A systematic review of quantitative and qualitative studies. *Psychological Medicine* 45(1):11-27.
69. Schomerus G, Evans-Lacko S, **Rüsçh N**, Mojtabai R, Angermeyer MC, Thornicroft G (2015). Collective levels of stigma and national suicide rates in 25 European countries. *Epidemiology and Psychiatric Sciences* 24(2):166-171.
70. Farrelly S, Jeffery D, **Rüsçh N**, Williams P, Thornicroft G, Clement S (2015). The link between mental health-related discrimination and suicidality: service user perspectives. *Psychological Medicine* 45:2013-2022.
71. **Rüsçh N**, Heekeren K, Theodoridou A, Müller M, Corrigan PW, Mayer B, Metzler S, Dvorsky D, Walitza S, Rössler W (2015). Stigma as a stressor and transition to schizophrenia after one year among young people at risk of psychosis. *Schizophrenia Research* 166:43-48.
72. Oexle N, Ajdacic-Gross V, Müller M, Rodgers S, Rössler W, **Rüsçh N** (2015). Predicting perceived need for mental health care in a community sample: an application of the self-regulatory model. *Social Psychiatry and Psychiatric Epidemiology* 50(10): 1593-1600.
73. Corrigan PW, Larson JE, Michaels PJ, Buchholz BA, Del Rossi R, Javier M, Castro D, Gause M, Krzyzanowski R, **Rüsçh N** (2015). Diminishing the self-stigma of mental illness by Coming Out Proud. *Psychiatry Research* 229: 148-154.



Prof. Dr. med. Nicolas Rüsçh

74. Corrigan PW, Bink AB, Schmidt A, Jones N, **Rüsçh N** (2016). What is the impact of self-stigma? Loss of self-respect and the "why try" effect. *Journal of Mental Health* 25(1): 10-15.
75. Xu Z, Müller M, Heekeren K, Theodoridou A, Dvorsky D, Metzler S, Brabban A, Corrigan PW, Walitza S, Rössler W, **Rüsçh N** (2016). Self-labelling and stigma as predictors of attitudes towards help-seeking among people at risk of psychosis: 1-year follow-up. *European Archives of Psychiatry and Clinical Neuroscience* 266(1):79-82.
76. Bonabi H, Müller M, Ajdacic-Gross V, Eisele J, Rodgers S, Seifritz E, Rössler W, **Rüsçh N** (2016). Mental health literacy, attitudes to help-seeking and perceived need as predictors of mental health service use: A longitudinal study. *Journal of Nervous and Mental Disease* 204(4): 321-324.
77. Xu Z, Müller M, Heekeren K, Theodoridou A, Metzler S, Dvorsky D, Oexle N, Walitza S, Rössler W, **Rüsçh N** (2016). Pathways between stigma and suicidal ideation among people at risk of psychosis. *Schizophrenia Research* 172(1-3):184-188.
78. Fominaya AW, Corrigan PW, **Rüsçh N** (2016). The effects of pity on self- and other-perceptions of mental illness. *Psychiatry Research* 241:159-164.
79. Wigand ME, **Rüsçh N**, Becker T (2016). Jack Kerouac revisited – Madness in On the Road between stigma and glorification. *Journal of Nervous and Mental Disease* 204: 728-735.
80. Xu Z, Mayer B, Müller M, Heekeren K, Theodoridou A, Dvorsky D, Metzler S, Oexle N, Walitza S, Rössler W, **Rüsçh N** (2016). Stigma and suicidal ideation among young people at risk of psychosis after one year. *Psychiatry Research* 243: 219-224.
81. Wigand ME, Wiegand HF, **Rüsçh N**, Becker T (2016). Personal suffering and social criticism in T.S. Eliot's The Waste Land and A. Ginsberg's Howl: implications for social psychiatry. *International Journal of Social Psychiatry* 62: 672-678.
82. Oexle N, **Rüsçh N**, Viering S, Wyss C, Seifritz E, Xu Z, Kawohl W (2017). Self-stigma and suicidality: A longitudinal study. *European Archives of Psychiatry and Clinical Neuroscience* 267:359-361.
83. Oexle N, Ajdacic-Gross V, Kilian R, Müller M, Rodgers S, Xu Z, Rössler W, **Rüsçh N** (2017). Mental illness stigma, secrecy and suicidal ideation. *Epidemiology and Psychiatric Sciences* 26(1):53-60.
84. Staiger T, Waldmann T, **Rüsçh N**, Krumm S (2017). Barriers and facilitators of help-seeking among unemployed persons with mental health problems: a qualitative study. *BMC Health Services Research* 17(1):39.
85. Schibalski JV, Müller M, Ajdacic-Gross V, Vetter S, Rodgers S, Oexle N, Corrigan PW, Rössler W, **Rüsçh N** (2017). Stigma-related stress, shame and avoidant coping reactions among members of the general population with elevated symptom levels. *Comprehensive Psychiatry* 74:224-230.
86. Isaksson A, Corker E, Cotney J, Hamilton S, Pinfold V, Rose D, **Rüsçh N**, Henderson C, Thornicroft G, Evans-Lacko S (2017 – published online). Coping with stigma and discrimination: Evidence from mental health service users in England. *Epidemiology and Psychiatric Sciences* 27(6):577-588.
87. Isaksson A, Martin P, Kaufmehl J, Heinrichs M, Domes G, **Rüsçh N** (2017). Social identity shapes stress appraisals in people with a history of depression. *Psychiatry Research* 254:12-17.
88. Hamann J, Bühner M, **Rüsçh N** (2017). Self-stigma and consumer participation in shared decision making in mental health services. *Psychiatric Services* 68:783-788.
89. Xu Z, **Rüsçh N**, Huang F, Kösters M (2017). Challenging mental health related stigma in China: systematic review and meta-analysis. I. Interventions among the general public. *Psychiatry Research* 255:449-456.



Prof. Dr. med. Nicolas Rüsçh

90. Xu Z, Huang F, Kösters M, **Rüsçh N** (2017). Challenging mental health related stigma in China: systematic review and meta-analysis. II. Interventions among people with mental illness. *Psychiatry Research* 255:457-464.
91. **Rüsçh N**, Rose C, Holzhausen F, Mulfinger N, Krumm S, Corrigan PW, Willmund GD, Zimmermann P (2017). Attitudes towards disclosing a mental illness among German soldiers and their comrades. *Psychiatry Research* 258:200-206.
92. Oexle N, Waldmann T, Staiger T, Xu Z, **Rüsçh N** (2018). Mental illness stigma and suicidality: the role of public and individual stigma. *Epidemiology and Psychiatric Sciences* 27(2):169-175
93. Oexle N, Müller M, Kawohl W, Xu Z, Viering S, Wyss C, Vetter S, **Rüsçh N** (2018). Self-stigma as a barrier to recovery: A longitudinal study. *European Archives of Psychiatry and Clinical Neuroscience* 268: 209-212.
94. Xu Z, Müller M, Lay B, Oexle N, Drack T, Bleiker M, Lengler S, Blank C, Vetter S, Rössler W, **Rüsçh N** (2018). Involuntary hospitalization, stigma stress and suicidality: a longitudinal study. *Social Psychiatry and Psychiatric Epidemiology* 53: 309-312.
95. Chang CC, Su JA, Chang KC, Lin CY, Koschorke M, **Rüsçh N**, Thornicroft G (2019). Development of the Family Stigma Stress Scale (FSSS) for detecting stigma stress in caregivers of people with mental illness. *Evaluation & the Health Professions* 42(2):148-168.
96. Warnke I, Gamma A, Buadze M, Schleifer R, Canela C, Strebel B, Tényi T, Rössler W, **Rüsçh N**, Liebreuz M (2018). Predicting medical students' current attitudes towards psychiatry, interest in psychiatry and estimated likelihood of working in psychiatry by gender and experience: A cross-sectional study in four European countries. *Frontiers in Psychiatry* 9: 49.
97. **Rüsçh N**, Corrigan PW, Waldmann T, Staiger T, Bahemann A, Oexle N, Wigand M, Becker T (2018). Attitudes towards disclosing a mental health problem and reemployment: a longitudinal study. *Journal of Nervous and Mental Disease* 206: 383-385.
98. Mulfinger N, Müller S, Boege I, Sakar V, Corrigan PW, Evans-Lacko S, Nehf L, Djamali J, Samarelli A, Kempster M, Ruckes C, Libal G, Oexle N, Noterdaeme M, **Rüsçh N** (2018). Honest, Open, Proud for adolescents with mental illness: Pilot randomized controlled trial. *Journal of Child Psychology and Psychiatry* 59: 684-691.
99. Warnke I, Canela C, Gamma A, **Rüsçh N**, Liebreuz M, Strebel B, Tényi T, Rössler W, Schleifer R, Buadze A (2018). Status quo of European German-speaking medical students' attitudes toward and knowledge about central aspects of forensic psychiatry across four European countries. *International Journal of Law and Psychiatry* 58: 9-16.
100. Xu Z, Huang F, Kösters M, Staiger T, Becker T, Thornicroft G, **Rüsçh N** (2018). Effectiveness of interventions to promote help-seeking for mental health problems: systematic review and meta-analysis. *Psychological Medicine* 48(16): 2658-2667.
101. Staiger T, Waldmann T, Oexle N, Wigand M, **Rüsçh N** (2018). Intersections of discrimination due to unemployment and mental health problems – the role of double stigma for job- and help-seeking behaviors. *Social Psychiatry and Psychiatric Epidemiology* 53(10):1091-1098.
102. Rössler W, Kawohl W, Nordt C, Haker H, **Rüsçh N**, Hengartner MP (2018). Placement budgets for supported employment: Impact on quality of life in a multicentre randomized controlled trial. *Frontiers in Psychiatry* 9:462.
103. Xu Z, Lay B, Oexle N, Drack T, Bleiker M, Lengler S, Blank C, Müller M, Mayer B, Rössler W, **Rüsçh N** (2019). Involuntary psychiatric hospitalisation, stigma stress and recovery: a 2-year study. *Epidemiology and Psychiatric Sciences* 28(4): 458-465.



Prof. Dr. med. Nicolas Rüsçh

104. Oexle N, Herrmann K, Staiger T, Sheehan L, **Rüsçh N**, Krumm S (2019). Stigma and suicidality among suicide attempt survivors: a qualitative study. *Death Studies* 43(6):381-388.
105. Mulfinger N, **Rüsçh N**, Bayha P, Müller S, Böge I, Sakar V, Krumm S (2019). Secrecy versus disclosure of mental illness among adolescents: I. The perspective of adolescents with mental illness. *Journal of Mental Health* 28(3):296-303.
106. Mulfinger N, **Rüsçh N**, Bayha P, Müller S, Böge I, Sakar V, Krumm S (2019). Secrecy versus disclosure of mental illness among adolescents: II. The perspective of relevant stakeholders. *Journal of Mental Health* 28(3):304-311.
107. Waldmann T, Staiger T, Oexle N, **Rüsçh N** (2019). Mental health literacy and help-seeking among unemployed people with mental health problems. *Journal of Mental Health* doi: 10.1080/09638237.2019.1581342.
108. Wigand ME, Oexle N, Staiger T, Waldmann T, **Rüsçh N** (2019). Causal attributions and secrecy in unemployed people with mental health problems. *Psychiatry Research* 272:447-449.
109. **Rüsçh N**, Malzer A, Oexle N, Waldmann T, Staiger T, Bahemann A, Wigand ME, Becker T, Corrigan PW (2019). Disclosure and quality of life among unemployed individuals with mental health problems: a longitudinal study. *Journal of Nervous and Mental Disease* 207: 137-139.
110. Zehnder M, Mutschler J, Rössler W, Rufer M, **Rüsçh N** (2019). Stigma as a barrier to mental health service use among female sex workers in Switzerland. *Frontiers in Psychiatry* 10:32.
111. **Rüsçh N**, Oexle N, Thornicroft G, Keller J, Waller C, Germann I, Regelman CA, Noll-Hussong M, Zahn R (2019). Self-contempt as a predictor of suicidality: a longitudinal study. *Journal of Nervous and Mental Disease* 207(12):1056-1057.
112. **Rüsçh N**, Staiger T, Waldmann T, Dekoj MC, Brosch T, Gabriel L, Bahemann A, Oexle N, Klein T, Nehf L, Becker T (2019). Efficacy of a peer-led group program for unemployed people with mental health problems: Pilot randomized controlled trial. *International Journal of Social Psychiatry* 65(4):333-337.
113. Rössler W, Kawohl W, Nordt C, Haker H, **Rüsçh N**, Hengartner MP (2019). Placement budgets for supported employment: Impact on employment rates in a multicentre randomized controlled trial. *British Journal of Psychiatry* doi: 10.1192/bjp.2019.154.
114. Bakolis I, Thornicroft G, Vitoratou S, **Rüsçh N**, Bonetto C, Lasalvia A, Evans-Lacko S (2019). Development and validation of the DISCUS scale: A reliable short measure for assessing experienced discrimination in people with mental health problems on a global level. *Schizophrenia Research* 212:213-220.
115. Wigand ME, Oexle N, Waldmann T, Staiger T, Becker T, **Rüsçh N** (2019). Predictors of help-seeking in unemployed people with mental health problems. *International Journal of Social Psychiatry* 65(7-8):543-547.
116. Scior K, **Rüsçh N**, White C, Corrigan PW (2019). Supporting mental health disclosure decisions: the Honest, Open, Proud programme. *British Journal of Psychiatry* doi: 10.1192/bjp.2019.256.
117. Oexle N, Ribeiro W, Fisher HL, Gronholm PC, Laurens KR, Pan P, Owens S, Romeo R, **Rüsçh N**, Evans-Lacko S (2020). Childhood bullying victimization, self-labelling, and help-seeking for mental health problems. *Social Psychiatry Psychiatric Epidemiology* 55(1):81-88.
118. Mills H, Mulfinger N, Raeder S, **Rüsçh N**, Clements H, Scior K (2020). Self-help interventions to reduce self-stigma in people with mental health problems: A systematic literature review. *Psychiatry Research* 284:112702.



Prof. Dr. med. Nicolas Rüsçh

119. Barber S, Gronholm P, Ahuja S, **Rüsçh N**, Thornicroft G (2020). Microaggressions towards people affected by mental health problems: a scoping review. *Epidemiology and Psychiatric Sciences* 29:e82.
120. Mayer L, **Rüsçh N**, Frey LM, Nadorff MR, Drapeau CW, Sheehan L, Oexle N (2020). Anticipated Suicide Stigma, Secrecy, and Suicidality among Suicide Attempt Survivors. *Suicide and Life-Threatening Behavior* doi:10.1111/sltb.12617.

Narrative Reviews

1. Corrigan PW, **Rüsçh N** (2002). Mental illness stereotypes and clinical care: Do people avoid treatment because of stigma? *Psychiatric Rehabilitation Skills* 6: 312-334.
2. **Rüsçh N**, Corrigan PW (2002). Motivational interviewing to improve insight and treatment adherence in schizophrenia. *Psychiatric Rehabilitation Journal* 26: 23-32.
3. Corrigan PW, **Rüsçh N** (2004). Stereotypen über psychische Erkrankungen und klinische Versorgung: Vermeiden Menschen Behandlung wegen Stigmatisierung? [German version of: P.W. Corrigan, N. Rüsçh (2002). Mental illness stereotypes and clinical care: Do people avoid treatment because of stigma? *Psychiatric Rehabilitation Skills*, 6, 312-334], published online at <http://media.dgppn.de/mediadb/media/dgppn/pdf/stellungnahmen/2004/stn-dgppn-04-06-stigmatisierung-ruesch.pdf>
4. Corrigan PW, **Rüsçh N** (2005). Das Stigma psychischer Erkrankung und klinische Versorgung: Vermeiden Menschen Behandlung aus Furcht vor Stigma? *Nervenarzt* 87-89 [German review on mental illness stigma and treatment participation]
5. **Rüsçh N**, Angermeyer MC, Corrigan PW (2005). Mental illness stigma: Concepts, consequences, and initiatives to reduce stigma. *European Psychiatry* 25(8): 529-539
6. **Rüsçh N**, Angermeyer MC, Corrigan PW (2005). Das Stigma psychischer Erkrankung: Konzepte, Formen und Folgen. *Psychiatrische Praxis* 32: 221-232 [German review article on mental illness stigma]
7. Corrigan PW, Larson JE, **Rüsçh N** (2009). Self-stigma and the "why try" effect: Impact on life goals and evidence-based practices. *World Psychiatry* 8:75-81.
8. **Rüsçh N** (2010). Reaktionen auf das Stigma psychischer Erkrankung: Sozialpsychologische Modelle und empirische Befunde. *Zeitschrift für Psychiatrie, Psychologie und Psychotherapie* 58(4):287-297. [German review article on social psychological models of mental illness stigma]
9. Michaels PJ, López M, **Rüsçh N**, Corrigan PW (2012). Constructs and concepts comprising the stigma of mental illness. *Psychology, Society & Education* 4(2):183-194.
10. Corrigan PW, Kosyluk KA, **Rüsçh N** (2013). Reducing self-stigma by coming out proud. *American Journal of Public Health* 103(5):794-800.
11. Corrigan PW, **Rüsçh N**, Ben-Zeev D, Sher T (2014). The rational patient and beyond: Implications for treatment adherence in people with psychiatric disabilities. *Rehabilitation Psychology* 59(1):85-98.
12. Wigand ME, **Rüsçh N**, Becker T (2016). Die Darstellung der Institution Psychiatrie im Roman – Vorschlag einer (semi-)standardisierten Erfassung *Psychiatrische Praxis* 43:191-198. [German review article on psychiatry in novels]
13. Kilian R, **Rüsçh N**, Becker T (2017). Gesellschaftliche Ungleichheit, Exklusion – und die Sozialpsychiatrie? Aktuelle Erkenntnisse und Konsequenzen für die psychiatrische Versorgung *Soziale Psychiatrie* 41 (2):9-12. [German review article on inequality and social psychiatry]



Prof. Dr. med. Nicolas Rüsçh

14. **Rüsçh N**, Staiger T, Waldmann T, Becker T (2017). Arbeitslosigkeit und psychische Gesundheit – die AloHA-Studie. *ASU Arbeitsmedizin Sozialmedizin Umweltmedizin* 52:562-563. [German review on study about unemployment and mental health]
15. Oexle N, **Rüsçh N** (2018). Stigma - Risikofaktor und Konsequenz suizidalen Verhaltens. *Nervenarzt* 89:779-783. [German review article on stigma and suicidality].
16. Zimmermann I, Müller H, Becker T, Ott M, **Rüsçh N** (2018). Wirksame Alternative zur stationären Behandlung - Die Praxis des Home Treatment in der Klinik für Psychiatrie am Bezirkskrankenhaus Günzburg. *Soziale Psychiatrie* 42 (1):29-32. [German review article on home treatment]
17. Zuaboni G, Sloksnath-Bernetta D, **Rüsçh N** (2018). In Würde zu sich stehen. Peergeleitetes Angebot zur individuellen Auseinandersetzung mit Stigmatisierung. *Kerbe* 4:21-23. [German brief review on the peer-led Honest, Open, Proud program]
18. **Rüsçh N**, Oexle N, Reichhardt L, Ventling S (2019). In Würde zu sich stehen – Konzept und Wirksamkeit eines peer-geleiteten Programms zur Offenlegung und Stigma-Bewältigung. *Psychiatrische Praxis* 46:97-102. [German review on the Honest, Open, Proud program]
19. **Rüsçh N**, Nehf L, Djamali J, Mulfinger N, Müller S (2019). In Würde zu sich stehen – ein peer-geleitetes Gruppenprogramm für Jugendliche mit psychischen Erkrankungen. *Nervenheilkunde* 38:30-34. [German review on Honest, Open, Proud for adolescents]

Editorials / Invited Comments / Open Forums / Letters / Interviews

1. **Rüsçh N**, Thornicroft G (2014). Does stigma impair prevention of mental disorders? *British Journal of Psychiatry* 204:249-251
2. Becker T, **Rüsçh N** (2014). Balancing care for patients at risk of death by suicide. *Lancet Psychiatry* 1(2):98-99.
3. **Rüsçh N**, Zlati A, Black G, Thornicroft G (2014). Does the stigma of mental illness contribute to suicidality? *British Journal of Psychiatry* 205:257-259.
4. Becker T, **Rüsçh N** (2014). Many miles made and a long way to go. *Epidemiology and Psychiatric Sciences* 23(4):345-347.
5. **Rüsçh N**, Becker T (2015). Anti-stigma interventions in high and lower income settings – a lot remains to be done. *Epidemiology and Psychiatric Sciences* 24(5):399-401.
6. Becker T, **Rüsçh N** (2016). What should we do to promote a social perspective in psychiatry? *Epidemiology and Psychiatric Sciences* 25:530-531.
7. Oexle N, Sheehan L, **Rüsçh N** (2018). Empowering people with mental illness in workplace settings. *Psychiatric Services* 69(4):494-495.
8. **Rüsçh N** (2018). Dem Stigma begegnen. Das Programm „In Würde zu sich stehen“ für Jugendliche mit psychischen Erkrankungen. *Psychosoziale Umschau* 2:4-5. [German summary of Honest, Open, Proud for adolescents, pilot RCT]
9. Corrigan PW, **Rüsçh N**, Scior K (2018). Adapting disclosure programs to reduce the public stigma of mental illness. *Psychiatric Services* 69: 826-828.
10. Fegert JM, Baumeister H, Brieger P, Gallinat J, Grabe HJ, Gündel H, Härter M, Oexle N, Prestin E, Rassenhofer M, Riedel-Heller SG, **Rüsçh N**, Schäfer I, Schomerus G, Schulz H, Speck A, Steinhart I, Stengler K, Becker T (2019). Greifswalder Erklärung zur gesellschaftlichen Bedeutung des Bereichs psychische Gesundheit in der Gesundheitsforschung – „Lost in Translation?“. *Psychiatrische Praxis* 46: 70-72. [Mental Health Research – “Lost in Translation?”]



Prof. Dr. med. Nicolas Rüsçh

11. **Rüsçh N** (2019). „In Würde zu sich stehen“ - Jugendliche mit psychischen Erkrankungen werden in der Stigmabewältigung geschult. *Soziale Psychiatrie* 02: 37-38. [Interview about Honest, Open, Proud program for adolescents]
12. **Rüsçh N** (2019). Alzheimer's disease, stigma and disclosure. *World Alzheimer Report 2019: Attitudes to dementia*: 98-99.
13. Scior K, **Rüsçh N**, White C, Corrigan PW (2020). Supporting mental health disclosure decisions: the Honest, Open, Proud programme. *British Journal of Psychiatry*
14. **Rüsçh N** (2020). Es hilft bei Stigma-Bewältigung. *Psychiatrische Pflege* 5(1): 32-33 [Interview about Honest, Open, Proud program]

Study protocols

1. Nordt C, Brantschen E, Kawohl W, Bärtsch B, Haker H, **Rüsçh N**, Rössler W (2012). 'Placement budgets' for supported employment - improving competitive employment for people with mental illness: study protocol of a multicentre randomized controlled trial. *BMC Psychiatry* 12:165.
2. Lay B, Salize HJ, Dressing H, **Rüsçh N**, Schönenberger T, Bühlmann M, Bleiker M, Lengler S, Korinth O, Rössler W (2012). Preventing compulsory admission to psychiatric inpatient care through psychoeducation and crisis focused monitoring. *BMC Psychiatry* 12:136.
3. Viering S, Bärtsch B, Obermann C, **Rüsçh N**, Rössler W, Kawohl W (2013). The effectiveness of individual placement and support for people with mental illness new on social benefits: a study protocol. *BMC Psychiatry* 13:195.
4. von Wyl A, Heim G, **Rüsçh N**, Rössler W, Andreae A (2013). Network coordination following discharge from psychiatric inpatient treatment: a study protocol. *BMC Psychiatry* 13:220.
5. Ajdacic-Gross V, Müller M, Rodgers S, Warnke I, Hengartner MP, Landolt K, Hagenmüller F, Meier M, Tse LT, Aleksandrowicz A, Passardi M, Knöpfli D, Schönfelder H, Eisele J, **Rüsçh N**, Haker H, Kawohl W, Rössler W (2014). The ZInEP epidemiology survey: Background, design and methods. *International Journal of Methods in Psychiatric Research* 23(4):451-468.
6. Theodoridou A, Heekeren K, Dvorsky D, Metzler S, Franscini M, Haker H, Kawohl W, **Rüsçh N**, Walitza S, Rössler W (2014). Early recognition of high risk of bipolar disorder and psychosis: An overview of the ZInEP "early recognition" study. *Frontiers in Public Health* 2:166.

Book Chapters

1. Vauth R, **Rüsçh N** (2001). Erfolgsprediktion psychiatrischer Gruppentherapien und ihre Implikationen - am Beispiel schizophrener Störungen. In: *Praxis der Gruppenpsychotherapie*, Ed. Tschuschke V, Thieme, Stuttgart, pp. 234-239 [German textbook chapter on group therapy in schizophrenia]
2. **Rüsçh N** (2005). Stigma. In: *Highlights in Psychiatrie und Psychotherapie 2005/2006*, Eds. Berger M & Normann C, Elsevier, Urban & Fischer, München, pp. 111-119 [German textbook chapter on mental illness stigma]
3. **Rüsçh N**, Berger M, Finzen A, Angermeyer MC (2008). Das Stigma psychischer Erkrankungen. In: *Psychische Erkrankungen. Klinik und Therapie*, Ed. Berger M, 3rd edition, Urban & Fischer, München, pp. 1091-1100. [German textbook chapter on mental illness stigma]



Prof. Dr. med. Nicolas Rüsçh

- New version: **Rüsçh N**, Berger M (2014). Das Stigma psychischer Erkrankungen. In: *Psychische Erkrankungen. Klinik und Therapie*, Ed. Berger M, 5th edition, Urban & Fischer, München, pp. 807-812. [German textbook chapter on mental illness stigma]
4. **Rüsçh N**, Evans-Lacko S, Clement S, Thornicroft G (2011). Stigma, discrimination, social exclusion and mental health: A public health perspective. In: *Routledge International Handbook on Global Public Health*, Eds. Marni S & Parker R., Taylor & Francis, London, pp. 394-401.
 5. **Rüsçh N**, Corrigan PW (2013). Stigma, discrimination and mental health. In: *Public Mental Health*, Eds. Knifton L & Quinn N, McGraw-Hill Europe / Open University Press, pp. 94-100.
 6. **Rüsçh N** (2013). Konzepte und Stand der Stigma-Forschung. In: *Soziale Psychiatrie - das Handbuch für die psychosoziale Praxis - Band 1*, Eds. Rössler W & Kawohl W, Kohlhammer, Stuttgart, pp. 233-245. [German textbook chapter on stigma research]
 7. **Rüsçh N** (2013). Soziale Exklusion. In: *Soziale Psychiatrie - das Handbuch für die psychosoziale Praxis - Band 1*, Eds. Rössler W & Kawohl W, Kohlhammer, Stuttgart, pp 150-160. [German textbook chapter on mental illness and social exclusion]
 8. **Rüsçh N**, Dubi M, Ranft K (2013). Antistigma-Interventionen in Zusammenarbeit Psychiatrie-Erfahrener, Angehöriger und in der Psychiatrie Arbeitender. In: *Soziale Psychiatrie - das Handbuch für die psychosoziale Praxis - Band 2*, Eds. Rössler W & Kawohl W, Kohlhammer, Stuttgart, pp. 484-493. [German textbook chapter on anti-stigma interventions]
 9. **Rüsçh N** (2014). Prävention und das Stigma psychischer Erkrankungen. In: *Prävention psychischer Störungen*, Eds. Rössler W & Ajdacic-Gross V, Kohlhammer, Stuttgart, pp. 19-28. [German textbook chapter on prevention and stigma]
 10. **Rüsçh N** (2015). Life with a common mental health problem. In: *Coming Out Proud to erase the stigma of mental illness: stories and essays of solidarity*, Eds. Corrigan PW, Larson JE, Michaels PJ. Instant Publisher, Collierville, pp 208-211.
 11. **Rüsçh N**, Müller M (2016). Das Stigma psychischer Erkrankung und das Versorgungssystem – Ergebnisse des Zürcher Impulsprogramms. In: *Handlungsfelder der psychiatrischen Versorgung. Analysen, Konzepte, Erfahrungen aus dem Zürcher Impulsprogramm zur nachhaltigen Entwicklung der Psychiatrie (ZInEP)*, Ed. Rössler W, Kohlhammer, Stuttgart, pp. 100-110. [German textbook chapter on stigma research]
 12. **Rüsçh N** (2016). Stigma und Diskriminierung von Menschen mit psychischen Erkrankungen. In: *Psychiatrie und Psychotherapie 2.0*, Eds. Lieb K, Hohagen F, Riemann D, Urban & Fischer, München, pp 173-179. [German textbook chapter on mental illness stigma]
 13. **Rüsçh N** (2016). Antistigma-Interventionen und Coming Out Proud / In Würde zu sich stehen. In: *Selbsthilfe – Selbstbestimmung – Partizipation: Tagungsdokumentation 03. und 04. November 2015 in Berlin*, Eds. Aktion Psychisch Kranke, Weiß P, Heinz A, Aktion Psychisch Kranke, Bonn, pp 253-256. [German textbook chapter on anti-stigma interventions]
 14. Oexle N, Becker T, **Rüsçh N** (2016). Die Bedeutung von Stigmareduktion für die Suizidprävention. In: *Das Nationale Suizidpräventionsprogramm für Deutschland*, Eds. Glasow H, Hery D, Roderer Verlag, Regensburg, pp 17-21. [German textbook chapter on mental illness stigma and suicide prevention]
 15. **Rüsçh N**, Xu ZY (2017). Strategies to reduce mental illness stigma. In: *The Stigma of Mental Illness – End of the Story?*, Eds. Gaebel W, Rössler W, Sartorius N. Springer, Berlin, pp 451-467.